

## Who should attend

*Senior managers, heads of departments, project managers, project coordinators and team leaders at the Organization.*



# 12

# TEAM BUILDING SKILLS

This training provides advanced knowledge and hands-on practical exercises on team building for effective results. It equips managers and supervisors with the adequate knowledge and skills to define their team's objective, identify the team dynamics, explore mechanisms for team members' alliances and instate a year-round cycle to sustain team building thriving for better results.

## Training Methodology

The course gives participants a hands-on experience by presenting them with techniques, which they will be able to apply in their respective work places. As such it will require an active participation in group exercises, through which they will learn how to apply various team building techniques and methodologies.

## Course objectives

By the end of the course the participants will:

- Understand what makes a high performing team
- Understand the importance of identifying different strengths and skills within the team and acquire techniques on how to do so
- Understand the importance of clear and effective communication
- Understand how to recognise and tackle team challenges
- Learn techniques that help improve team collaboration
- Learn how to diffuse situations and resolve conflicts within the team
- Learn how to enhance creativity and problem solving within the team



## TEAM BUILDING SKILLS

### Understand

...the importance of identifying different strengths and skills within the team and acquire techniques on how to do so

### Recognise to

...how to diffuse situations and resolve conflicts within the team

### Learn to

...how to enhance creativity and problem solving within the team

### MAIN TOPICS

- Team development stages
- Identifying dysfunctions within teams
- Defining roles within the team
- Effective communication within a team
- Confrontation and conflict resolution
- Multicultural and diverse teams
- Decision-making
- Addressing problems within the team
- Enhancing creativity within teams

### Course Ref

**RA012**

Number of participants

20

Duration

Two days

Documentation/Certification

Certificate of Training by RASIL-International Humanitarian City and KDC